

## ADVANCE HUMAN DEVELOPMENT – 2

Paper no.- HSHD – 303

CC -9

Credits -4 +0=4

Sem. – 3 (M.Sc.- H.D.)

Marks – 100 +0= 100

### OBJECTIVES

- 1) To understand the stage of adolescence, youth and mid aged.
- 2) To study the major developmental characteristics of these stages.
- 3) To stay the issues of identity, developmental tasks and problems associated with these stages.

### UNIT : 1

- The adolescent stage.
- The concept of adolescence in India
- Characteristics.
- Developmental task of adoles cence.
- Theoretical perspectives  
G. Stanley Hall, Anna Fruid, Erik Eskon, Indian Perspectives.
- Physical development.
- Physiological and Psychological changes.

### UNIT : 2

- Cognitive development.
- Social development.
- Emotional development.
- Personallly development & Moral development.
- Problems of adolescents.
- School college, work and career.

### **UNIT : 3**

- Juvenile delinquency.
- Developmental task of youth.
- Physical / Cognitive / Social development of youth.
- Marital relation and adjustment.
- Career and work.

### **UNIT ; 4 Middle age :-**

- Characteristics.
- Developmental tasks.
- Adjustment in middle age.
  - Marital
  - Vocational
  - Social etc.
- Problems arises in middle age.

### **REFERENCES**

- 1) Balk D.E. (1995). Adolescent development.  
New York : Brooks / Cole.h
- 2) Saraswathi, P.S. & Dutt. R. (1988). Invisible boundaries : Grooming for adult roles. New Delhi. Nor tern, Book centre.